

SCHOOL LUNCH

DELICIOUS CHOICES

MAIN COURSE (CHOOSE 1-2)

- Classic Sandwich, Pita or Wrap - choose fillings: ham, cheese, turkey, salami, veggies, peanut butter & jelly.
- Deli Turkey or Ham Roll Up's
- Homemade "Lunchables" with crackers or pita rounds, cheese, lunch meat, peanut butter, or pizza fixings
- Bagel with peanut butter and honey, or any other fillings as desired
- Soup
- Leftover Pizza
- Chicken Nuggets
- Cheese Quesadilla

FRUITS & VEGGIES (CHOOSE 1 - 3)

- Carrot Sticks
- Sliced Cucumbers
- Pea Pods
- Cherry Tomatoes
- Sliced Bell Peppers
- Apples
- Bananas
- Mandarine Oranges
- Strawberries
- Blue Berries
- Raspberries
- Grapes
- Raisins
- Applesauce
- Fruit Cup

DIP FOR FRUIT/VEGGIES TO MIX IT UP

- Hummus or Ranch for Veggies
- Cream Cheese or Yogurt Dip for Fruit

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SNACKS /TREATS (CHOOSE 1-2)

- Pretzels
- Cheese Stick
- Yogurt
- Trail Mix
- Nuts
- Crackers
- Cheez-Its
- Goldfish
- Chex mix
- Cookies
- Animal Crackers
- Granola Bars
- Pudding
- Jello

BEVERAGES (CHOOSE 1)

- Water
- Milk
- Juice
- Lemonade
- Capri Sun
- Juice Box
- Gatorade
- Kool Aid